

Date	Details	Distances
19th July	Jetty to Jetty Run www.j2j.com.au	10 klm
19th July Club Event	Brissie to Bay Bike Ride www.brissietothebay.com.au	50 klms
29th August	Airlie Beach triathlon www.whitsundaytriclub.com	750/20/5
30th August Club Event	Bridge to Brisbane Run www.bridgetobrisbane.com.au	10 klm and 5 klms
20th Sept.	XC Duathlon and Trail Run www.tailwindpromotions.com.au	12klm run, 30 klm bike
20th Sept.	Triathlon Pink - Sunshine Coast www.triathlonpink.com.au	300/9/3 or 200/6/2
4th Oct. Club Event	Cannibal Half Ironman - Gold Coast www.usmevents.com.au	1.9/90/21 or 1/33/7
14th Oct.	The Straddie Salute - off road triathlon www.weekendwarriorevents.com	600/18/9
17th Oct.	Triathlon Pink - Gold Coast www.triathlonpink.com.au	300/9/3 or 200/6/2
18th Oct.	Gatorade Qld Tri Series - Race 1 www.usmevents.com.au	400/15/4 or 200/5/2
18th Oct.	Bribie Tri Series - Race 1 www.bribietri.com	750/20/5 or 300/13/3
1st Nov.	Noosa Triathlon Festival www.usmevents.com.au	1.5/40/10
15th Nov.	Gatorade Qld Tri Series - Race 2 www.usmevents.com.au	400/15/4 or 200/5/2
6th Dec.	Bribie Tri Series - Race 2 www.bribietri.com	1/28/8 or 300/13/3
13th Dec.	Gatorade Qld Tri Series - Race 3 www.usmevents.com.au	750/20/5 or 300/10/2.5